

Northwest Michigan Caregiver Support Groups

Contact sites in advance for scheduling updates and cancellations.

Charlevoix County

Charlevoix Area Caregiver Support Group

- Contact: Sheri Shepard, 231-237-0103 x 3621
- 2nd Thursday of the month from 1:00-2:30pm
- Boyne Area Senior Center, 411 E Division Street, Boyne City, 49712

Support Group for Caregivers and People Living with Lewy Body Dementia (LBD)

- Contact: Mary Whitlock, 231-350-8283, marywhitlock51@gmail.com
- 2nd Tuesday of the month from 1:30-3:00pm
- Boyne District Library, 201 E Main Street, Boyne City, 49712

Emmet County

Check the Friendship Centers of Emmet County website www.emmetcoa.org for updates cancellations/schedule changes related to the support groups they host or call 231-347- 3211.

Alzheimer's Disease/Dementia Support Group (Caregivers Only)

- Contact: Suzanne Holguin MSN RN, 231-347-3211, ext. 117, sholguin@emmetcoa.org
- 2nd Wednesday of the month at 2:00-3:30pm
- Friendship Centers of Emmet County - Game Room, 1322 Anderson Rd. Petoskey, 49770

Caregiver Support Group (Caregivers Only)

- Contact: Suzanne Holguin MSN RN, 231-347-3211, ext. 117, sholguin@emmetcoa.org
- 4th Thursday of the month at 1:30-3:00pm
- Friendship Centers of Emmet County - Game Room, 1322 Anderson Rd. Petoskey, 49770

Parkinson's Support Group (Persons with Parkinson's Disease and their spouse, family, or caregiver)

- Contact: Suzanne Holguin MSN RN, 231-347-3211, ext. 117, sholguin@emmetcoa.org
- 4th Wednesday of the month at 2:00-3:30pm
- Friendship Centers of Emmet County - Game Room, 1322 Anderson Rd. Petoskey, 49770



Diabetes Support Group (Persons with Diabetes, spouse, family or caregiver)

- Contact: Jeanne Kincaid CDE, RD, 513-659-9880, jeanne.kincaid@gmail.com
- 2nd Monday of the month at 10:00-11:00am
- Friendship Center of Emmet County Library, 1322 Anderson Rd. Petoskey, 49770

Grand Traverse County

Caregiver Support Group

- Contact: Kristen Weber, 231-714-6736
- 2nd Friday of the month from 1:00-2:30pm
- Northern Michigan Alzheimer's Association Office, 921 W. 11th Street, Ste 1W, Traverse City, 49684

Caregiver Support Group

- Contact: Kristen Weber, 231-714-6736
- 4th Friday of the month from 1:00-2:30pm
- The Disability Network Northern Michigan, 415 E. Eighth Street, Traverse City, 49686 (free parking at the back of the building)

Parkinson's Network North (PNN) Traverse City Support Group

- Contact: Chris Esper, Interim Director, cesper2014@gmail.com
- 2nd Tuesday of the month at 1:00pm *No meeting if Traverse City schools are closed for inclement weather.
- The Presbyterian Church, 701 Westminster Road, Traverse City, 49686

Parkinson's Network North (PNN) Traverse City Support Group

- Contact: Chris Esper, Interim Director, cesper2014@gmail.com
- 3rd Wednesday of the month at 6:30pm
- Foster Family Community Health Center, Room A&B, 550 Munson Avenue, Traverse City, 49686

Leelanau County

Alzheimer's Caregiver Support Group

- Contact: Victoria Maggio, 231-256-8123
- 4th Wednesday of the month from 2:00-3:00pm
- Join this virtual support group using this Zoom link <https://bit.ly/46MIepj>

Michigan Parkinson's Foundation Leelanau Support Group

- Contact: Torrey Davenport, 810-423-3794
- 1st Thursday of the month at 4:30pm *No meeting if Suttons Bay Public Schools are closed for inclement weather.
- Leland Library, Munnecke Room, 203 Cedar Street, Leland, 49654

Sharecare Memory Loss Support Group

- Contact: Care Coordinator, 231-256-0221 ext. 305
- 2nd Tuesday of the month from 12:00-1:00pm
- Leland Library, in the Munnecke Room, 203 Cedar St E, Leland, 49654

Manistee County

Dementia Support Group

- Contact: Jacki Krolczyk, 231-883-1341
- 2nd Thursday of the month at 3:00pm
- Wagoner Community Center/Senior Center, 260 St Mary S Pkwy, Manistee, 49660

Parkinson's Support Group

- Contact: Marcia Holbrook, 614-937-4442
- 3rd Thursday of the month at 11:00am
- Wagoner Community Center/Senior Center, 260 St Mary S Pkwy, Manistee, 49660

Missaukee County

Caregiver Support Group

- Contact: Missaukee County Commission on Aging, 231-839-7839
- 1st Tuesday of the month at 11:00am
- Missaukee County Commission on Aging, Conference Room, 2170 S Morey Road, Lake City, 49651

Wexford County

Parkinson's Caregiver Support Group

- Contact: Diane Paterson, 231-779-9420
- 4th Tuesday of the month at 1:00pm
- Cadillac Senior Center, 601 Chestnut, Cadillac, 49601

Dementia Awareness Group

- Contact: Rae Berwald, 231-577-1789
- 2nd Tuesday of the month at 2:00pm
- Springville Township Community Center, 105 E Mesick Avenue, Mesick, 49668

Dementia Support Group

- Contact: Rae Berwald, 231-846-7423
- 4th Tuesday of every month at 3:00pm
- Cadillac Senior Center, 601 Chestnut Street, Cadillac, 49601

Curry House Grief Support

- Contact: Christine Engels, 231-577-3045
- 1st Thursday of the month at 11:00am and 3rd Thursday of the month at 3:00 pm
- Curry House, enter the first parking lot, 5858 47 Rd, Cadillac, 49601

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